

# On the Edge

# Inspiring and Empowering Youth in Nature

A two-week training program on:

Alternative approaches to inspiring and empowering youth, including:

- Experiential Education,
- Adventure leadership,
- Therapeutic nature activities,
- Communication strategies,
- Contemporary rites of passage,
- Coyote mentoring, and
- Community strategies

Participants will be offered an opportunity to participate in a 24-hour solo experience.

Designed for:

- Youth mentors
- Camp counsellors
- Wilderness guides
- Teachers
- School counsellors
- Therapists
- Social Workers
- Parents
- Anyone interested in youth and their future

This program is open to all adults over the age of 19.

Presented by:

CanAdventure Education, a therapeutic wilderness program for struggling teens.  
[www.canadventure.ca](http://www.canadventure.ca)

On:

April 25-May 8, 2011

At:

CanAdventure Education's base camp in Sayward, British Columbia (on Vancouver Island, 45 minutes North of Campbell River)

Cost: \$1000.00 + HST - Scholarships available on a case-by-case basis

Registration Deadline:

April 20, 2011

## Welcome:

Welcome to *On the Edge: Inspiring and Empowering Youth in Nature*

*On the Edge: Inspiring and Empowering Youth in Nature*, is about guiding youth positively and effectively. It provides a safe, collaborative environment in which powerful questions will be asked, techniques for mentoring, guiding, coaching, and facilitating will be outlined, and experiences from a wide variety of backgrounds will be shared.

This workshop, held in a beautiful natural setting on the edge of civilization, is designed to provide the place and time to connect and associate with others of diverse backgrounds but with a similar passion – working with youth. It is our goal to impart knowledge, share wisdom, and explore new possibilities and perspectives that will guide and empower today's youth by offering experiences, knowledge and skills that have lifelong positive impacts.

It is our belief that holistic education plays a critical role in establishing a solid foundation for a fulfilling life. Holistic education is characterized by thinking that takes into account the meaning and the implication of our actions. It develops a depth of knowledge enriched by an understanding of systems and how one action can impact the whole. It connects young people to their world, their role therein, and their responsibility toward contributing to a sustainable future.

We invite you to join us in Sayward to look at new ways of working with youth so you can return to your communities and apply your learning in a way that impacts, strengthens and inspires you to continue making a difference in the lives of young people. This workshop will challenge, nourish, and inspire you.

## Who is CanAdventure Education?

### **Our Mission**

To deliver a leading-edge wilderness adventure program that engages young people in education, cultural awareness, skill development, and personal growth.

### **Our Community**

CanAdventure Education strives to cultivate a community of care and connection to self, others, and the natural environment. We offer a holistic education community; a community where each person has a voice and where the members of that community engage in open and honest discussion about issues and in doing so are stronger and wiser than any one individual.

### **Our Vision**

We believe that education plays a critical role in establishing a solid foundation for a fulfilling life. We are also strong believers in the powerful role that healthy outdoor activity plays in the growth and development of young people. Therapeutic wilderness adventure is a field of work that supports these beliefs, and we are proud to be pioneering services of this type in Canada.

For more information, please visit our website at: [www.canadventure.ca](http://www.canadventure.ca)



## Workshop Facilitators:

### **Corinna Stevenson, Director of Programming, CanAdventure Education**

Corinna is a co-founder of CanAdventure Education and the creator of its curriculum. Before CanAdventure, she was a dedicated and passionate public school educator for over twelve years. Her unique approach to experiential education focuses on engaging marginalized students in the educational process through a holistic focus on mind, body, and spirit. In 2004, she was recognized with the prestigious Prime Minister's Award for Teaching Excellence for her work developing alternate programs at Stelly's School in Victoria. Her immense respect for her students and her well-founded belief in the unlimited potential of youth are themes that characterize all of her teaching. Corinna is currently completing a Master's of Arts in transpersonal psychology with a focus on ecopsychology.



### **Greg Stevenson, Executive Director, CanAdventure Education**

Greg is a co-founder of CanAdventure Education and serves as its Executive Director. A rower with Canada's national team for seven years, Greg has competed in two Olympic Games and has developed an extensive portfolio in youth recreation and sport programming. From the front lines coaching high school rowers to developing the national Dynamic Opportunities for Youth rowing program, Greg has over fifteen years experience managing the effective delivery of youth programs. Greg holds a Bachelor of Commerce from McGill University, certification in Advanced Wilderness First Aid and Bronze Medallion water-rescue, and has training in experiential teaching and wilderness risk management skills.

## Conference Location:

### **CanAdventure Education Base Camp**

Our base camp is located on 40 private acres bordering the crystal clear waters of the Salmon River. Our property features majestic old-growth forest, grassy meadows, and countless species of edible and culturally significant plants. We are graced with regular visits from a local herd of Roosevelt Elk and the annual salmon run draws in wildlife of all kinds, including black bears and bald eagles. Our facilities include a 1,500 square foot lodge, a low ropes course, a traditional sweat lodge, cabins for winter accommodation, prospector-style wall tents for summer lodging, a commercial kitchen, hot showers, and laundry facilities.

### **Sayward, BC**

Located north of Campbell River, Sayward is adjacent to the Robson Bight Orca reserve, where visitors can go whale and wildlife watching. Salmon, steelhead, and trout abound, and deer and elk hunting is popular in season. Visit the old growth White River forest or hike the estuary and enjoy the lush surroundings.

### **Driving Directions:**

From Victoria: Take the inland Island Highway (Highway 19) North past Nanaimo and the Comox Valley. Stay on the highway straight through to Campbell River toward Port Hardy. When you get to the Sayward Junction turn right. The next right is Skogan Road. For CanAdventure Education's base camp, head up the long driveway at the end of Skogan Road.

### **Accommodation and Food:**

CanAdventure believes in living simply and sustainably. Our base camp facilities are rustic. There are several very basic indoor shared accommodation options available on site, on a first-come first-serve basis. There is also plenty of space to pitch a tent. There is electricity, phone, and internet service, hot showers, and laundry facilities. Food is provided and in the spirit of community living,

participants will help with meal prep. For those who need less rustic accommodation there are some local options. Our days will start early and finish late, so if you are choosing this option we strongly recommend staying in Sayward.

**Alternate accommodation in Sayward:**

Fisherboy Park and campground - (250) 282-3204  
Mt. H'Kusam View Lodge - (250) 282-5547  
Victorian Garden Gate Manor B&B - (250) 282-3776  
Belley's Bed & Breakfast Sayward - (250) 282-5589

**Packing list:**

In addition to what you would normally bring with you during a trip, please bring the following items for our outdoor activities:

- ✓ 1 waterproof jacket
- ✓ 1 waterproof pant
- ✓ 1 fleece top and 1 bottom (one fleece and one long underwear should do)
- ✓ 2 water bottles
- ✓ 2 pair of good hiking socks
- ✓ Sturdy day hiking shoes or full hiking boots
- ✓ Baseball hat
- ✓ Sun glasses
- ✓ Flashlight
- ✓ A positive outlook
- ✓ A spirit of adventure, respect and enjoyment.

**Arrival and Closing:**

You are free to arrive anytime after 10AM on April 25. In anticipation of allowing time for everyone to arrive and set up sessions will begin at 2PM on Day 1. Please note that facilitators will be busy until that time. You are, of course, free to help out but do plan on keeping yourself busy until everyone has arrived and we are ready to start.

We will close on May 8<sup>th</sup> after lunch. You can expect things to be fully wrapped up by 2PM.

**Creating Space:**

Please bring something with you that represents the place from which you come.

**Closing Ceremony:**

Part of our closing will involve a 'give away'. Please bring something significant or symbolic that you are ready to give away.

**DEPOSIT:** \$200.00 deposit will secure your registration

**PAYMENT:** All funds must be paid by April 20, 2011. **Cheques should be made payable to CanAdventure Education.** Credit card payments are accepted. If you withdraw your application prior to April 20, 2011, we will refund half your deposit. Other refunds of deposits and registration fees will be considered in the event of illness or injury (with doctor's note) only.

**NOTE: All fees must be paid in full 5 days before the program starts. Applicants with an outstanding balance will not be accepted.**

CanAdventure Education is a substance-free zone.  
The use of alcohol or illegal drugs is strictly prohibited.

**On the  
Edge**

**Inspiring and Empowering  
Struggling Teens**

## **2011 Registration Form**

**April 25-May 8, 2011**

CanAdventure Education Base Camp, Sayward, BC, Canada

### **Registration Information:**

**Registration Fee: \$1,000.00 + HST**

1. **Registration Fee** includes all conference workshops and food. In the spirit of community, participants will help with meal planning and preparation.
2. **Mail-in Registration:** If you are mailing your registration, please mail this completed form along with a cheque or money order to the address on this form. Mailing address is 460 Skogan Rd., Sayward, BC, V0P 1R0
3. **Fax:** You can also fax through your registration form by providing us with credit card information in the space indicated on the registration form. The fax number is: 250-282-3867

**\* Registration deadline is April 20, 2011.**

**\* All fees are in Canadian Funds.**

### **Playnote:**

This conference is experiential in nature. Participants will need to come ready to participate in any kind of weather. Many of our activities will take place outdoors and will require physical activity. So, come prepared to step outside your comfort zone, learn, play, and have fun! Oh yeah! Remember to bring lots of good, warm outdoor clothing, good rain gear, and a sturdy pair of boots!

**For questions or more information, please contact Corinna Stevenson at:  
(250) 412-7723 or via email at [corinna@canadventure.ca](mailto:corinna@canadventure.ca) .**

## 2011 Registration Form

Please complete and send in with a cheque or credit card info by April 20, 2011.

Legal Name: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province/State: \_\_\_\_\_ Postal/Zip Code: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_

### CREDIT CARD AUTHORIZATION:

Credit Card Type: Visa \_\_\_ MasterCard \_\_\_ American Express \_\_\_ Discover \_\_\_

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Billing Name (as it appears on credit card): \_\_\_\_\_

Cardholder signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Mail or fax this form along with payment to:**

**CanAdventure Education  
460 Skogan Road  
Sayward, BC  
Canada**

**Fax: 250-282-3867**